

NEWSLETTER FEBRUARY 2022



UPDATING YOUR PERSONAL DETAILS

WE WILL SHORTLY BE SENDING ROUND A FORM FOR YOU TO COMPLETE. THIS IS TO UPDATE YOUR PERSONAL DETAILS AND CONTACTS AND TO LET US KNOW WHAT LEVEL OF CONTACT YOU REQUIRE WITH US. PLEASE FILL IN AND RETURN TO THE OFFICE.



WHILST COVID RESTRICTIONS HAVE BEEN RELAXED, WE WOULD STILL ASK YOU TO REMAIN VIGILANT AND TO WEAR A MASK WHILST IN THE CORRIDOR. WE HAVE LFT IN THE OFFICE IF YOU FEEL UNWELL AND WOULD LIKE ONE OF THESE OR NEED HELP – PLEASE CONTACT THE OFFICE.



ACTIVITIES/MEET UP

MONDAY 10.30 CHAIR EXERCISE - £3 IN LOUNGE TUESDAY 7PM BINGO-IN LOUNGE

THE SUPPORT GROUP MEET UP 3PM DAILY IN LOUNGE – IF YOU WOULD LIKE TO JOIN, PLEASE SEE GEOFF BEFOREHAND.



HELPFUL INFO

HOPE COMMUNITY, WITHAM. HAVE SET UP A 'LOVE WHERE U LIVE' CENTRE.

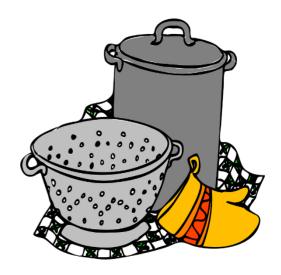
EVERY TUESDAY 1 – 3PM AT SPRING LODGE COMMUNITY CENTRE.

HERE YOU CAN GET PROFESSIONAL HOUSING BENEFITS AND DEBT ADVICE GROCERIES CLOTHING RAIL TEA COFFEE FRIENDLY CHAT



LUNCH BEING SERVED FOR MARCH

MARCH 3RD- BACON ROLL MORNING MARCH 10TH - BEEF STEW AND DUMPLINGS MARCH 18TH - JACKET POTATO LUNCH MARCH 25TH - COFFEE MORNING



AS YOU ARE PROBABLY ALL AWARE, DIANE HAS NOW MOVED OFF SITE. THE LEVEL OF SERVICE WILL STILL BE THE SAME. IF YOU NEED US AND WE ARE NOT ON-SITE DURING OFFICE HOURS PLEASE CALL US ON 07368 – 642742 YOU CAN ALSO USE THIS NUMBER FOR OUT OF HOURS BUILDING EMERGENCIES.