



**Witham Housing**  
Association

**PODSBROOK'S NEWSLETTER MAY 2022**

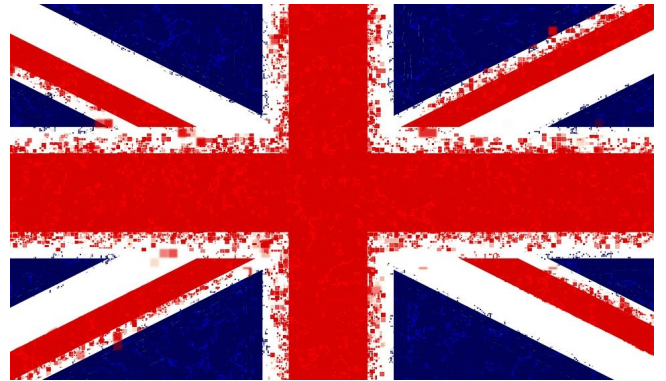
**PLATINUM JUBILEE CELEBRATIONS**

ON JUNE 1<sup>ST</sup> IN THE LOUNGE FROM 2PM. WE WILL BE HOSTING AN AFTERNOON TEA. WITH ENTERTAINMENT, RAFFLE AND QUIZ. JUBILEE FANCY DRESS OPTIONAL. EVERYONE WELCOME. PLEASE LET US KNOW IF YOU WILL BE JOINING US?



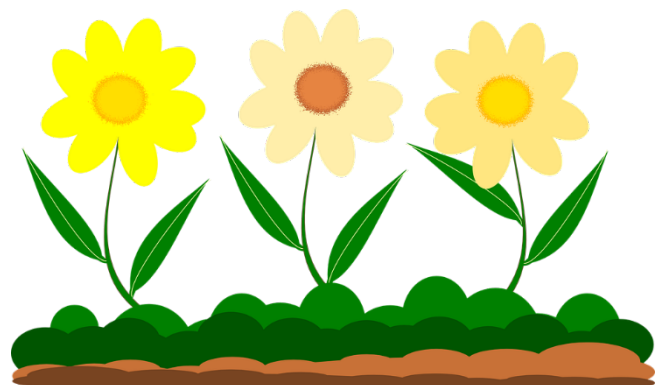
**GARDENS**

BIG THANK YOU TO EVERYONE WHO HELPS WITH THE GARDENING. IT ALL LOOKS REALLY LOVELY. **THANK YOU.**



**HAIRDRESSER**

ANYONE INTERESTED IN A HAIRDRESSER???  
WE HAVE A LADY THAT CAN COME IN AND GIVE YOU A MAKE OVER!  
CONTACT THE OFFICE.



### **CLOTHES PARTY**

ON 18<sup>TH</sup> JULY – 10.30 IN LOUNGE.

A SELECTION OF WOMEN AND MENS CLOTHES AND ACCESSORIES WILL BE FOR SALE. YOU CAN TRY BEFORE YOU BUY.



### **FOR YOUR SAFETY**

PLEASE CAN YOU MAKE SURE THAT THE DOOR LEADING TO THE CARPARK ON THE GROUND FLOOR IS SECURLY SHUT – ESPECIALLY AT NIGHTIME. WE WILL BE CHANGING THE LOCK SO THAT ANYONE USING THIS DOOR CAN ENTER WITH A KEY AND WILL NOT NEED TO LEAVE OPEN. THANK YOU FOR YOUR CO-OPERATION.

### **EXERCISE CLASSES**

HOPEFULLY WILL RESUME SOON. JANE CONTINUES TO RECOVER AFTER HER OPERATION.

WILL KEEP YOU INFORMED.

### **WASHING MACHINES**

CAN YOU PLEASE ASK YOUR CARERS NOT TO OVERFILL THE WASHINE MACHINES? ALSO, IF YOU REQUIRE A TIMED SLOT FOR YOUR CARERS, PLEASE CONTACT THE OFFICE. PLEASE CAN YOU ALSO MAKE SURE THAT YOU EMPTY THE WATER FROM THE TUMBLE DRYER AND THE FLUFF FROM THE WASHING MACHINE. IF YOU HAVE ANY CONCERNS, PLEASE CONTACT THE OFFICE.

### **THURSDAY LUNCHES**

PLEASE CHECK THE NOTICE BOARDS ON MONDAY.



**HEADS2MINDS**

LAST WEEK WAS MENTAL HEALTH WEEK – ANYONE CAN BE AFFECTED.

[HEADS2MINDS](http://heads2minds.co.uk) OFFER HELP FOR MENTAL HEALTH AND WELL BEING SUPPORT FOR ALL.EMAIL-  
[info@heads2minds.co.uk](mailto:info@heads2minds.co.uk)